

|                    | Dearborn YMCA  | Planet Fitness   | Omni Gym  | World Gym   | Sportplex  |
|--------------------|--|--|---|---|--|
| Financial Cost     | <ul style="list-style-type: none"> <li>➤ Students: \$20/month or \$240/yearly</li> <li>➤ Family of 2: \$45/month or \$540/yearly</li> </ul>                  | <ul style="list-style-type: none"> <li>➤ \$1 enrollment fee \$10 a month</li> <li>➤ \$1 enrollment fee \$19.99 a month ( billed to a checking account or credit card for 12 months)</li> </ul> | <ul style="list-style-type: none"> <li>➤ Programs start as low as \$20 - \$34 dollars a month</li> </ul>  | <ul style="list-style-type: none"> <li>➤ \$1 enrollment \$29.95 a month or \$34.95 a month no commitment</li> </ul>             | <ul style="list-style-type: none"> <li>➤ Programs starts at \$40 a month</li> <li>➤ Month to month payment is available with a membership agreement</li> </ul>   |
| Features           | <ul style="list-style-type: none"> <li>➤ Heated Indoor Pool</li> <li>➤ Indoor B-ball court and gymnasium</li> <li>➤ Outdoor walking/running track</li> </ul> | <ul style="list-style-type: none"> <li>➤ Weight room</li> <li>➤ Cardio room</li> <li>➤ Judge free zone</li> </ul>  | <ul style="list-style-type: none"> <li>➤ Plush locker rooms and saunas</li> <li>➤ Kids zone 45min class for kids ages five and up</li> <li>➤ Cardio Cinema Movie Room</li> <li>➤ 75-100 pieces of Cardio Equipment</li> </ul> | <ul style="list-style-type: none"> <li>➤ World Gym Cinema</li> <li>➤ All new Cybex circuit training and free weights</li> </ul> | <ul style="list-style-type: none"> <li>➤ Racquetball Courts</li> <li>➤ Basketball court</li> <li>➤ Whirlpool</li> <li>➤ Sauna &amp; Steam room</li> <li>➤ Swimming room</li> <li>➤ Indoor track</li> <li>➤ Weight &amp; cardio room</li> </ul> |
| Advantages         | <ul style="list-style-type: none"> <li>➤ No contracts (but you must have a checking account)</li> <li>➤ Scholarships for income-based membership</li> </ul>  | <ul style="list-style-type: none"> <li>➤ Very Affordable</li> <li>➤ No contracts ( some programs require direct billing to an account or credit card)</li> </ul>                               | <ul style="list-style-type: none"> <li>➤ Services are offered to children</li> <li>➤ late hours</li> <li>➤ Has private fitness areas for women</li> </ul>   | <ul style="list-style-type: none"> <li>➤ No contracts on certain programs</li> <li>➤ Online billing information</li> </ul>      | <ul style="list-style-type: none"> <li>➤ 30 day trail with no obligation</li> <li>➤ Certified and experienced group exercise instructors</li> <li>➤ Children 12 years of age have full access to gym</li> </ul>                                |
| Disadvantages      | <ul style="list-style-type: none"> <li>➤ Costly</li> <li>➤ Not very child friendly</li> <li>➤ Age requirements for use of equipment</li> </ul>               | <ul style="list-style-type: none"> <li>➤ <b>Pizza night</b></li> <li>➤ No activities for children</li> <li>➤ Some memberships can only be used at one location</li> </ul>                      | <ul style="list-style-type: none"> <li>➤ Costly</li> <li>➤ Requires a contract of 1 to 2 years.</li> </ul>  | <ul style="list-style-type: none"> <li>➤ No activities for children</li> <li>➤ No showers</li> </ul>                            | <ul style="list-style-type: none"> <li>➤ Limited activities for children</li> <li>➤ Membership requires a contract</li> <li>➤ Very costly</li> </ul>   |
| Child              | No   | No   | Yes   | No  | Yes but limited  |
| Hours of Operation | Monday—Friday:<br>6:30 am—8:00 pm  | Monday – Thursday<br>5:00 am - 11:00 pm<br>Friday<br>5:00am – 9:00pm<br>Saturday- Sunday<br>8:00am - 6:00pm  | Monday - Thursday<br>5:00 am – 10:00pm<br>Friday<br>5:00 am – 9:00 pm<br>Saturday<br>8:00 am - 8:00 pm<br>Sunday<br>10:00 am- 6pm   | Monday- Thursday<br>9:00 am – 9:00pm<br>Friday<br>10:00 am – 7:00 pm<br>Saturday<br>10:00 am – 2:00 pm<br>Sunday<br>CLOSED      | Monday –Thursday<br>5:15 am – 9 pm<br>Friday<br>5:15 am – 8 pm<br>Saturday<br>8:00 am – 6:00 pm<br>Sunday<br>9:00am - 5:00pm   |
| Contact            | Melissa Clarke, Membership Coordinator<br>(251) 432-4768   | (251) 414- 2700  | Chasity,<br>Membership Coordinator<br>(251) 380-9224  | (251) 476-1177  | Deena Hudson,<br>Club Manager<br>(251)545-4280   |