

2 Hour Glucose Tolerance Test

What is it?

During a 2-hour glucose tolerance test, your blood sugar will first be tested after not having eating since midnight the night before. Then, you will be asked to drink a sweet liquid containing a specific amount of sugar (as ordered by your doctor). Then, your blood sugar will again be tested at 30 minutes, 1 hour and 2 hours after drinking the liquid.



Why has my doctor ordered this test?

This test evaluates how well your body responds to a “challenge” of a large amount of sugar at one time. This test is a screening test for your risk of developing diabetes. The test may reveal abnormalities that may not be obvious on standard labwork.

Special Instructions:

1. All Glucose tolerance tests MUST be scheduled prior to going to the hospital
2. Please call 415-1608 to arrange the most convenient date and time for you. Available times are 6AM, 7AM and 8AM any day of the week.
3. You should take a copy of the doctor’s orders for blood tests to the admitting office to register.
4. You should NOT having anything to eat or drink (including chewing gum) after midnight the night before your test.
5. You should expect to be in the lab for 2 1/2– 3 hours
6. You may want to bring something to occupy yourself and your children while you wait as the lab area is very small and your child may easily become bored.

Your Test is scheduled for:

Date _____ Time _____

Place _____

The Pediatric Healthy Life Center has prepared this sheet for your information only.

For more Information, please contact the Pediatric Healthy Life Center at 251-434-5038