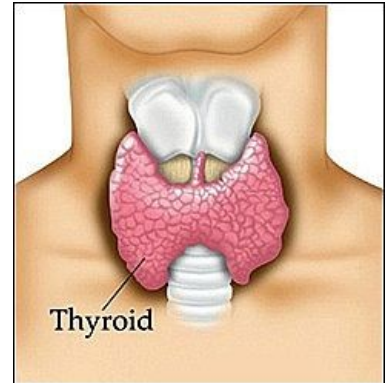


# Thyroid Function Tests

## What is it?

The thyroid is a gland in the neck that produces hormones that help regulate metabolism in your body. Thyroid Function Tests are done by taking a small blood sample. The amount of Thyroid Hormone and other hormones that help regulate the thyroid are measured.



## Why has my doctor ordered this test?

The Thyroid helps regulate many systems in your body.

Having too little Thyroid Hormone in your body may cause you to feel tired and cold, be constipated, have dry skin or brittle hair, have swelling in your legs, or several other symptoms. Having too little Thyroid Hormone may make it more difficult than usual to lose weight.

Having too much Thyroid Hormone in your body may cause you to feel hot and nervous, have tremors, cause changes with your eyes, have diarrhea among other symptoms.

Abnormalities in your Thyroid Tests may require further testing to determine the cause and to determine the future treatment.

## Special Instructions:

1. This test does not have to be scheduled.
2. You should take the doctor's orders for testing to the Admitting office at Children's and Women's Hospital to register for blood tests.
3. The results of your tests will be reviewed with you at your follow up visit.
4. If an appointment needs to be rescheduled due to results, we will contact you.
5. We may not discuss these results over the phone due to privacy concerns.

The Pediatric Healthy Life Center has prepared this sheet for your information only.

For more Information, please contact the Pediatric Healthy Life Center at 251-434-5038